

## Lesson 04: Expressing Feelings

### Lesson 04: Expressing Feelings

Lesson 04: You will learn how to express your feelings.

Have fun studying with your teacher!

#### Step 1 (Step 1)



When you want to you want to express your happiness you say: **I'm happy!** (I'm happy!)

When you are very happy you say: **I'm so happy!** (I'm so happy!) or **I'm very happy!** (I'm very happy!)

When you want to ask about how someone is feeling you say: **How do you feel?** (How do you feel?)

Teacher: How do you feel, \_\_\_\_\_?

Teacher: How do you feel, \_\_\_\_\_?

You: I'm happy, \_\_\_\_\_!

You: I'm happy, \_\_\_\_\_!



You can also use other expressions such as **I'm enjoying myself!** (I'm enjoying myself!), **I'm having fun!** (I'm having fun!) or **I'm having a good time!** (I'm having a good time!) etc.



Your teacher will ask you "How do you feel?". Reply with the new expressions you've learned.

- 1) I'm so \_\_\_\_\_! (I'm so happy!)
- 2) I'm \_\_\_\_\_! (I'm enjoying myself!)
- 3) I'm very \_\_\_\_\_! (I'm very happy!)
- 4) I'm having \_\_\_\_\_! (I'm having fun!)
- 5) I'm having a \_\_\_\_\_! (I'm having a good time!)
- 6) I'm really \_\_\_\_\_! (I'm really enjoying myself!)

## Step 2 (Step 2)



Now let's learn some more ways of expressing positive feelings.

- 1) I'm laughing. (I'm laughing.)
- 2) I'm glad. (I'm glad)
- 3) I'm interested in \_\_\_\_\_. (I'm interested in \_\_\_\_\_.)
- 4) I'm surprised at \_\_\_\_\_! (I'm surprised at \_\_\_\_\_!)
- 5) I'm pleased with \_\_\_\_\_. (I'm pleased with \_\_\_\_\_.)
- 6) I'm excited about \_\_\_\_\_. (I'm excited about \_\_\_\_\_.)
- 7) I like \_\_\_\_\_. (I like \_\_\_\_\_.)
- 8) I love \_\_\_\_\_. (I love \_\_\_\_\_.)



You can also use **like** (like), **love** (love) for things, not only people.

### Step 3 (Step 3)



When you want to you want to express your sadness you say: **I'm sad.** (I'm sad.)  
When you are very sad you say: **I'm so sad.** (I'm so sad.) or **I'm very sad.** (I'm very sad.)

Teacher: How do you feel, \_\_\_\_\_?

Teacher: How do you feel, \_\_\_\_\_?

You: I'm sad, \_\_\_\_\_.

You: I'm sad, \_\_\_\_\_.



You can also use other expressions such as **I'm unhappy.** (I'm unhappy.), **I'm worried.** (I'm worried.), **I'm not so happy.** (I'm not so happy.) etc.



Your teacher will ask you "How do you feel?". Reply with the new expressions you've learned.

1) I'm unhappy. (I'm unhappy.)

2) I'm worried. (I'm worried.)

3) I'm not so happy. (I'm not so happy.)

## Step 4 (Step 4)



Now let's learn some more ways of expressing negative feelings.

1) I'm nervous. (I'm nervous.)

5) I'm bored. (I'm bored.)

3) I'm angry at \_\_\_\_\_! (I'm angry at \_\_\_\_\_!)

4) I'm scared of \_\_\_\_\_. (I'm scared of \_\_\_\_\_.)

5) I do not like \_\_\_\_\_. (I do not like \_\_\_\_\_.)

6) I'm worried about \_\_\_\_\_. (I'm worried about \_\_\_\_\_.)

7) I'm afraid of \_\_\_\_\_. (I'm afraid of \_\_\_\_\_.)

8) I'm not glad \_\_\_\_\_. (I'm not glad \_\_\_\_\_.)

9) I dislike \_\_\_\_\_. (I dislike \_\_\_\_\_.)

10) I hate \_\_\_\_\_. (I hate \_\_\_\_\_.)

## Step 5 (Step 5)



Have a conversation with your teacher using the words and expressions that you have learned in this lesson. Try to say how you felt when something happened in your daily life.