


Lesson 06: Daily Habits

(Lesson 06: Daily Habits)

Lesson 6: You will learn to talk about habits.

Have fun learning English with your teacher!

Step 1 (Step 1)

 If someone wants to know what you usually do in the morning, they will ask, **“What do you do in the morning?”**

Here are some possible answers to the question:

- I wake up. (I wake up.)
- I brush my teeth. (I brush my teeth.)
- I take a shower. (I take a shower.)
- I have breakfast. (I have breakfast.)
- I drink coffee/tea. (I drink coffee/tea.)
- I go to school/work. (I go to school/work.)

Step 2 (Step 2)



Exercise: Tell your teacher what you do in the morning.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Teacher : What do you do in the morning?

You : I _____.

Step 3 (Step 3)



If someone wants to know what you usually do in the afternoon, they will ask, "What do you do in the afternoon?"

Here are some possible answers to the question:

- I have lunch. (I have lunch.)
- I take a break. (I take a break.)
- I come home from school. (I come home from school.)
- I take a nap. (I take a nap.)
- I drive back home. (I drive back home.)
- I go shopping. (I go shopping.)



Exercise: Tell your teacher what you do in the afternoon.

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Teacher : What do you do in the afternoon?

You : I _____.

Step 4 (Step 4)



If someone wants to know what you usually do in the evening, they will ask, "What do you do in the evening?"

Here are some possible answers to the question:

- I read a book. (I read a book.)
- I play video games. (I play video games.)
- I go out with my friends. (I go out with my friends.)
- I visit my parents. (I visit my parents.)
- I have dinner. (I have dinner.)
- I watch TV. (I watch TV.)
- I go jogging. (I go jogging.)
- I go to sleep early. (I go to sleep early.)



Exercise: Tell your teacher what you do in the evening.

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Teacher : What do you do in the evening?

You : I _____.

Step 5 (Step 5)

Exercise: Choose the things that you do in the morning from the table below.

I have dinner.	I read a book.	I take a shower.
I go to school.	I go to sleep early.	I drink coffee.
I take a break.	I have breakfast.	I take a nap.



Exercise: Choose the things that you do in the afternoon from the table below.

I go to sleep early.	I go jogging.	I go shopping.
I have lunch.	I play video games.	I go out with my friends.
I come back from school.	I take a nap.	I drive back home.



Exercise: Choose the things that you do in the evening from the table below.

I wake up.	I watch TV.	I brush my teeth.
I go to work.	I read a book.	I visit my parents.
I have dinner.	I take a break.	I drink coffee.