

Lesson 05: Not Feeling Well

Hi! How are you today?

Today's lesson is about "***Not Feeling Well.***"

Have fun learning English!

Warm-up | Useful Expressions

Directions: Listen and repeat.

- How have you been feeling?
- You look pale.
- I'm not feeling well.
- Not too well.
- I have a cold.
- I got a cold.
- I'm catching a cold.
- I might have the flu.
- I have a bad headache.
- I feel dizzy.
- I don't feel up to par.
- I'm feeling a little under the weather today.
- I have a toothache.
- I have a slight swelling in my throat.
- I have a hangover.
- It's aching.

Activity 1 | Dialogue 1

Directions: Read the dialogue aloud with your teacher.

Sandy and May are talking about their health condition.

Sandy : Hi, May. **How have you been feeling? You look a little pale.**

May : **Not so well,** Sandy. **I got a bad cold.**

Sandy : Too bad. How long have you had a cold?

May : For about a week? I'm not sure, though. **I was not feeling up to par,** then before I knew it, **I caught a bad cold. I might have the flu.**

Sandy : Don't scare me! I don't want to get such an awful present!

May : *(chuckle)* Don't worry. I know you're much stronger than me. How about you? You look a bit tired.

Sandy : **I have a hangover.** We had a party last night. **I feel dizzy,** too.

May : Oh, my. Join the club.

Sandy : Yeah, unwillingly, though. Oh, I have to go now.

May : To where? I thought you have a day off today.

Sandy : Today's my day off, but I have an appointment with the dentist. **I've been having a toothache** since yesterday. **It's aching.**

May : Too bad. Anyway, bye!

Check your understanding: Answer the following questions.

1. Why is May not feeling well?
2. Why did Sandy tell May not to scare her?
3. Does Sandy feel well?
4. Where does Sandy have to go?

Activity 2 | Role Play

Directions: Have a role play with the your teacher. Put the suitable sentences in the blanks.

Sandy : Hi, May. How have you been feeling? ... _____.

May : Not so well, Sandy. _____.

Sandy : I'm sorry to hear that. How long have you had a _____?

May : For about a week? I'm not sure, though. _____, then...before I knew it, _____.

Sandy : That's too bad. I have to be careful, too.

May : (chuckle) Don't worry. I know you're much stronger than I. How about you?
_____.

Sandy : _____ . So I'm not feeling well. _____, too.

May : Oh, my. Join the club.

Activity 3 | Free Conversation

Directions: Take turns with your teacher in answering the questions

1. How many times do you catch a cold in a year usually?
2. During which season do you tend to catch a cold?
3. Do you use any folk remedies when you catch a cold?
4. Have you ever had a hangover?
5. Do you dread going to a dentist? Why or why not?
6. Would you say that you are health-conscious? Do you think people are becoming increasingly health-conscious?